

•XVII.] THE THREE
ENERGIES. 63

46. Passionate, desiring to obtain the fruit of actions,,
greed, harmful, impure, moved by joy and sorrow, such
an actor is pronounced Rajasic.—(xviii. 27.)

47. Discordant, vulgar, stubborn, cheating, malicious[^]
indolent, despairful, procrastinating, that actor is called
Tamasic.—(xviii. 28.)

48. The food also which is dear to each is threefold, as
.also sacrifice, austerity and almsgiving. Hear thou the
-distinction of these.—(xvii. 7.)

49. The foods that augment vitality, energy, vigour,,
health, joy and cheerfulness, delicious, bland, substantial
.and agreeable are dear to the Sattvic.—(xvii. 8.)

50. The Rajasic desire foods that are bitter, *sout_f*
saline, over-hot, pungent, dry and burning, and which pro-
•duce pain, grief and sickness.—(xvii. 9.)

51. That which is stale and flat, putrid and corrupt,
leavings also and unclean, is the food dear to the
Tamasic.—(xvii. 10.)

5[^]. The sacrifice which is offered by men without desire
for fruit, as enjoined by the ordinances, under the firm
belief that sacrifice is a duty, that is Sattvic.—(xvii. 11.)

5-3. The sacrifice offered with a view verily to fruit, and
indeed for self-glorification, O best of the Bharatas ; know
Ihou that to be Rajasic.—(xvii. 12.)

52. The sacrifice contrary to the ordinances, without
-distributing food, devoid of the Mantras and without gifts,
-empty of faith, is said to be Tamasic.—(xvii. 13.)

53. The threefold austerity, performed by men with the
-utmost faith, without desire for fruit,

harmonized, is said
to be Sattvic.—(xvii. 17.)

54. The austerity which is practised
with the object of
gaining respect, honour and reverence,
and for ostentation
is said to be Rajasic, unstable and
fleeting.—(xvii. 18.)